

# Glossary

Word	Definition
<b>169 Board</b>	See CCBMRDD.
<b>AAMR</b>	American Association on Mental Retardation.
<b>Active Treatment</b>	A holistic plan designed by a team of specialists to teach a person the skills needed to live independently.
<b>ADA</b>	Americans with Disabilities Act - A civil rights law prohibiting discrimination against people with disabilities in employment, state or local government services, public accommodations and public transportation.
<b>Advocacy</b>	Activities in support of people with mental retardation and developmental disabilities including rights protection, legal and services assistance and system or policy changes.
<b>APS</b>	Adult Protective Services - A cooperative program with local prosecutors that protects aged or disabled persons from abuse, neglect or exploitation.
<b>APSI</b>	Advocacy and Protective Services Inc.- An agency that provides guardianship services to people with MR/DD.
<b>Arc</b>	An advocacy organization that works on behalf of people with mental retardation as well as for their families, and their allies. The Arc strives for the full inclusion of all children and adults in their home communities through advocacy, information dissemination, empowerment training and other programs. Over 40 years of dedicated work on behalf of citizens with mental retardation has resulted in a firm philosophy.
<b>Assistive Technology</b>	Describes equipment designed to improve the quality of life or helps in the mobility of a person with disabilities.
<b>Attendant Care</b>	Non-medical, in-home personal care, housekeeping and other services provided to individuals with a physical disability who cannot perform daily living tasks by themselves.
<b>Autism</b>	A developmental disability significantly affecting verbal and nonverbal communications and social interaction, generally evident before age three (3), that adversely affects a child's educational performance. Other characteristics often associated with autism are engagement in repetitive activities and stereotyped movements, resistance to environmental change or change in daily routines, and unusual responses to sensory experiences.
<b>BCMh</b>	Bureau for Children with Medical Handicaps - The Title V children with Special Health Care Needs program in Ohio. It is housed within the Ohio Department of Health.

<b>BEIS</b>	Bureau of Early Intervention Services - Located in the Ohio Department of Health (ODH) and is responsible for administering program and funding for seven programs to include the Help Me Grow initiative. ODH was first designated as the lead agency for the early intervention system in Ohio in 1987.
<b>By-In Options</b>	A federal Medicaid reform recently enacted by Congress that allows states to modify Medicaid eligibility rules that permit disabled persons returning to work to secure extended Medicaid coverage, but also requires such persons to contribute toward such coverage, according to rules established by the State. Ohio has not taken action on this measure yet.
<b>CAFS</b>	Community Alternative Funding System - Reimburses certified training centers for services given to Medicaid-eligible participants.
<b>CARF</b>	Council on Accreditation of Rehabilitation Facilities - Performs a review regarding the quality of care in residential facilities. Successful surveys result in CARF Accreditation.
<b>CCBMRDD</b>	The Cuyahoga County Board of Mental Retardation and Developmental Disabilities. Also known as the County Board or 169 Board.
<b>CCD</b>	Consortium on Citizens with Disabilities, of which The Arc is a leading member, brings together all the major disability advocacy organizations in the United States to influence legislation and administrative policy at the federal level.
<b>Child with a Disability</b>	A child evaluated in accordance with rule 3301-51-06 of the Ohio Administrative Code having a cognitive disability (mental retardation), a hearing impairment including deafness, a speech or language impairment, a visual impairment including deafness, a speech or language impairment, a visual impairment including blindness, emotional disturbance, an orthopedic impairment, autism, traumatic brain injury, an other health impairment, a specific learning disability, deaf-blindness, or multiple disabilities, and who, by reason thereof, needs special education and related services.
<b>CMHC</b>	Community Mental Health Center.
<b>CMI</b>	Chronically Mentally Ill.
<b>CMS</b>	Centers for Medicare and Medicaid Services (formerly Health Care Financing Administration).
<b>COEDI</b>	Children's Ohio Eligibility Determination Instrument - A test to determine the eligibility of persons for state and county MR/DD services. See also OEDI.

<b>Cognitive Disability</b>	Mental retardation - Significantly subaverage general intellectual functioning, existing concurrently with deficits in adaptive behavior and manifested during the developmental period, adversely affecting educational performance.
<b>Consortium</b>	An entity created when a group of individuals/families come together to buy a place to live for themselves or family members. (For information, contact Bobbie Burke at Welcome House 440-356-2330.)
<b>Consumer</b>	A person who has been or is receiving MR/DD services and or supports.
<b>County Board</b>	See CCBMRDD.
<b>CP</b>	Cerebral palsy - An umbrella-like term used to describe a group of chronic disorders impairing control of movement that appear in the first few years of life and generally do not worsen over time. The term cerebral refers to the brain's two halves, or hemispheres, and palsy describes any disorder that impairs control of body movement. These disorders are not caused by problems in the muscles or nerves. Instead, faulty development or damage to motor areas in the brain disrupts the brain's ability to adequately control movement and posture. <a href="http://www.healthtouch.com">www.healthtouch.com</a>
<b>Day billing unit</b>	A billing unit based on a twenty-four-hour period in which an HCBS waiver service is delivered to an eligible individual.
<b>DD</b>	<p>Developmental Disabilities - A severe, chronic disability of an individual five (5) years of age or older attributable to a mental or physical impairment or combination of mental and physical impairments; is manifested before the individual attains age 22; is likely to continue indefinitely; results in substantially functional limitations in three or more of the following areas of major life activity:</p> <ul style="list-style-type: none"> <li>• self-care;</li> <li>• receptive and expressive language;</li> <li>• learning;</li> <li>• mobility;</li> <li>• self-direction;</li> <li>• capacity for independent living; and</li> <li>• economic self-sufficiency;</li> </ul> <p>and reflects the individuals' need for a combination and sequence of special, interdisciplinary, or generic services, supports, or other assistance that is of lifelong or extended duration and are individually planned and coordinated; except that such term when applied to infants and young children, means individuals from birth through age five, who have substantial developmental delay or specific congenital or acquired conditions with a high probability of resulting in developmental disabilities if services are not provided.</p>
<b>DD Council</b>	See ODDC.
<b>Developmental Disabilities</b>	Cerebral palsy, epilepsy or autism or any other conditions that impair general intellectual functions, behavior or require treatment or

	services similar to that of a person with mental retardation.
<b>Disability Waiver</b>	A waiver issued by the Ohio Department of Job and Family Services so people under 60 can receive services in their home instead of going to live in a nursing home or hospital.
<b>DJFS</b>	Department of Jobs and Family Services .
<b>DOJ</b>	Department of Justice (U.S. Government).
<b>Down Syndrome</b>	Recognizable physical characteristics and limited intellectual endowment which are due to the presence of an extra chromosome 21. The estimated incidence of Down syndrome is between 1 in 1,000 to 1 in 1,100 live births.
<b>EI</b>	Early Intervention - Services for families with children birth through three (3) with a developmental delay (cognitive, physical, communication, social or emotional development) or a diagnosed physical or mental condition that has a high probability of resulting in developmental delay.
<b>EISR</b>	Early Intervention System Review - Ohio's monitoring process. The purpose of EISR is to 1) help counties understand how well their system is serving children with developmental delays and disabilities and their families, 2) determine county compliance with the program standards which are based upon Federal Regulations for IDEA, Public Law 105-117, and Ohio's policies for implementation of the EI system, and 3) determine areas of need for follow-up technical assistance to county EI systems.
<b>Emotional Disturbance</b>	A condition exhibiting one or more of the following characteristics over a long period of time and to a marked degree that adversely affects a child's educational performance: <ul style="list-style-type: none"> <li>• an inability to learn that cannot be explained by intellectual, sensory, or health factors;</li> <li>• an inability to build or maintain satisfactory interpersonal relationships with peers and teachers;</li> <li>• inappropriate types of behavior or feelings under normal circumstances;</li> <li>• a general pervasive mood of unhappiness or depression;</li> <li>• a tendency to develop physical symptoms or fears associated with personal or school problems.</li> </ul>
<b>Family Support</b>	Refers to services provided to help families keep a member with a disability at home. The home is typically the best environment to grow up in, no matter what a child's disability, so family support is often defined as "whatever it takes" to prevent a person from being placed outside the natural home.
<b>Fetal Alcohol Syndrome</b>	A group of birth defects caused by a mother drinking alcohol during pregnancy. They are irreversible and may include physical, mental and behavioral problems.
<b>Fifteen minute billing unit</b>	A billing unit based on fifteen minutes of actual service delivery time.
<b>FIN</b>	Family Information Network - A statewide technical support effort designed to promote family-centered practice in EI.
<b>Fragile X Syndrome</b>	A hereditary condition which causes a wide range of mental

	impairment, from mild learning disabilities to severe mental retardation. It is the most common cause of genetically inherited mental impairment. It is associated with a number of physical and behavioral characteristics. <a href="http://www.fragilex.org">www.fragilex.org</a> . The National Fragile X Foundation.
<b>Functional Assessment</b>	A comprehensive review of a person's status and abilities in all areas, including health, daily living, academics, recreation, etc.
<b>Future Planning</b>	A broad term meaning to plan for the services/supports, financial and/or legal aspects for someone with mental retardation.
<b>Group Home</b>	A home for persons with disabilities that generally has 16 or fewer residents.
<b>Habilitation</b>	Training in life skills such as housekeeping that has not been learned and that will allow the person to live in the least restrictive environment (LRE).
<b>HBSC</b>	Hospital Based Service Coordination - A nurse or social worker functions as a service coordinator within and between an interdisciplinary team in the hospital and providers who will provide access to coordinated services following the infant's discharge from the hospital.
<b>HCB or HCBS Waiver</b>	Home and Community-Based Services waiver - Allows person to get services that are not normally covered under the state's Medicaid plan. Without the waiver, these people would have to live in an institution to get the help they need.

<b>HCFA</b>	The Health Care Financing Administration - Now the <u>Centers for Medicare &amp; Medicaid Services (CMS)</u> . CMS provides health insurance for over 74 million Americans through Medicare, Medicaid and SCHIP. The majority of these individuals receive their benefits through the <u>fee-for-service</u> delivery system, however, an increasing number are choosing <u>managed care</u> plans.
<b>Hib Disease</b>	Haemophilus influenza type b. Not a disease itself, but is the name of a bacterial microorganism that causes several serious, often life-threatening illnesses, one of which bacterial meningitis may cause mental retardation in young children. Hib infection is the most common cause of bacterial meningitis, an inflammation of the membranes protecting the brain and spinal cord. Children who have been born healthy may acquire mental retardation in early years if they become sick with bacterial meningitis caused by Hib disease.
<b>Hour billing unit</b>	A billing unit based on sixty minutes of actual service delivery time.
<b>ICC</b>	Interagency Coordinating Council - A state council that deals with the federal early childhood special education law Part C (formerly Part H) of the IDEA.
<b>ICF/MR</b>	Intermediate Care Facility for Mentally Retarded - A Medicaid-funded residential facility that provides health-care to people who do not require hospital care, but do need help because of their mental or physical condition. They are licensed by the state.
<b>IDEA</b>	Individuals with Disabilities Education Act - A federal law passed in 1991 that reauthorizes and amends the Education for All Handicapped Children Act. Part C of the law focuses on services to infants and toddlers who are at risk or have developmental disabilities.
<b>IDT</b>	Inter-disciplinary Plan.
<b>IEP</b>	Individual Education Plan - Outlines the goals and objectives necessary to meet the educational needs of a person.
<b>IFSP</b>	Individual Family Support Plan - A consistent document and process for families in the Help Me Grow initiative that states the child's present levels of development. Also included is a statement of the family's strengths and needs related to enhancing the development of the child as well as the specific EI services necessary to meet the unique needs of the child and family to achieve the identified outcomes.

<b>IHP or ISP or IP</b>	Individual Habilitation Plan, Individual Service Plan or Individual Plan outline what type of training is needed to help people gain the living skills they need and want.
<b>IO</b>	Individual Options Waiver - A home and community-based waiver to let people get services they need in their own homes.
<b>IPP</b>	Individual Program Plan.
<b>ISC</b>	See Service Coordination.
<b>Job Coach</b>	In supported employment, the coach provides one-on-one training to an individual on the job until that individual is able to complete tasks to the employer's satisfaction. As the worker becomes proficient, the job coach begins "fading" or spends less and less time training the worker. After "fading" is complete, the job coach continues to monitor the worker occasionally and is available when needed to assist with retraining and other support that the worker might need.
<b>LD</b>	A disorder in one or more of the basic psychological processes involved in understanding or in using language. It may result in a limited ability to listen, think, speak, read, write, spell, or to do mathematical calculations.
<b>LOC</b>	Level of Care - A determination of the help needed to guarantee a person's health and safety, completed for all Medicaid programs.
<b>LRE</b>	Least Restrictive Environment - One of the principles of normalization. It requires that people with disabilities receive services and support in environments that do not limit their life activities unnecessarily.
<b>MCHB</b>	Maternal and Child Health Bureau (U.S. government).
<b>Mental Retardation</b>	Significantly sub-average general intellectual functioning (IQ 70-75 or below), existing concurrently with deficits in adaptive behavior and manifested during the developmental period (age 18 or less).
<b>MI</b>	Mentally Ill.
<b>MR/DD</b>	Mental Retardation and other Developmental Disabilities.
<b>MUI</b>	Major Unusual Incident - The reporting system mandated by Ohio law that sets a procedure to review and report allegations of abuse, neglect and potentially serious incidents that occur in the MR/DD system.

<b>Multiple Disabilities</b>	Concomitant impairments (such as mental retardation-blindness, mental retardation-orthopedic impairment, etc.), the combination of which causes such severe educational needs that they cannot be accommodated in special educational programs solely for one of the impairments. The term does not include deaf-blindness.
<b>Neural Tube Defect</b>	A birth defect occurring in the brain or spinal cord (backbone). NTDs are among the most common of all serious birth defects. The neural tube is the part of the fetus that becomes the spinal cord and brain. The two major types of NTDs are anencephaly and spina bifida. Anencephaly is the partial or complete absence of the baby's brain.
<b>NIA</b>	National Institute on Aging.
<b>NIMH</b>	National Institute of Mental Health.
<b>North Coast Community Homes</b>	A nonprofit housing development and management corporation.
<b>OACBMRDD</b>	To work for the interests of persons with mental retardation and developmental disabilities in the State of Ohio. To work on behalf of and for the interests of county boards of MR/DD promoting effective and efficient management and programmatic practices. To standardize, coordinate, simplify, and disseminate basic information to County Boards of MR/DD. To maintain, promote, and improve effective administrative capabilities of board members and superintendents in the county board through in-services, conferences, and research studies.
<b>OBRA</b>	Omnibus Budget Reconciliation Act of 1987 - Lets states offer – under a waiver- a variety of home and community-based services that a person may need to avoid living in an institution. Now part of the individual option (I/O) waiver.
<b>ODDC</b>	Ohio Developmental Disabilities Council - A planning and advocacy body committed to community inclusion for people with developmental disabilities. Also called DD Council.
<b>ODH</b>	Ohio Department of Health - By Executive Order of the Governor and in legislation, has been designated the lead agency for implementing a statewide system of birth to three services in Ohio.
<b>ODMRDD</b>	Ohio Department of Mental Retardation and Developmental Disabilities - A statewide program that serves people of all ages, including infants, toddlers. This department represents county boards of MR/DD, which are a major provider of services to the early intervention target populations. Director: Kenneth Ritchey 614-466-0129, Jeff Davis: Deputy Director of Constituent Services 614-644-6300.
<b>OEDI</b>	Ohio Eligibility Determination Instrument - A test to determine the eligibility of persons for state and county MR/DD services. See also COEDI.
<b>Olmstead v. LC</b>	A recent US Supreme Court decision that found that people with a disability have a right to services in the least restrictive environment.
<b>OLR/OLRS</b>	Ohio Legal Rights / Ohio Legal Rights Service - An independent state agency and the federally designated Protection and Advocacy (P



	& A) agency and Client Assistance Program (CAP) for Ohio. Its mission is to protect and advocate the human, civil, and legal rights of people with disabilities. OLRs' goal is to enable people with disabilities to realize self-determination, equality of opportunity, and full participation.
<b>OPRA</b>	Ohio Provider Resource Association - A statewide association of service providers that provides leadership to collaboratively shape the service system to most meet the needs of our ultimate customer, the individual with mental retardation and developmental disabilities (MR/DD).
<b>OSDA</b>	Ohio Self Determination Association (formally Ohio Supported Living Association) - Promotes implementation of client choice (self determination) in all areas of living, service, and support.
<b>OT</b>	Occupational Therapy.
<b>P&amp;A</b>	Protection and Advocacy.
<b>Part C</b>	Part C of IDEA authorizes, in part, grant funds to states and territories that provide early intervention services for infants and toddlers. In Ohio, Part C funds Early Intervention Services.
<b>PCP</b>	Person Centered Planning - A plan developed for supporting the person in the kind of life he wants, taking into consideration what is of importance to him/her..
<b>PEP</b>	Parents Encouraging Parents.
<b>PKU</b>	Phenylketonuriaan inherited metabolic disease (also called an inborn error of metabolism) that leads to mental retardation and other developmental disabilities if untreated in infancy. With an inborn error of metabolism, the body is unable to produce proteins or enzymes needed to convert certain toxic chemicals into nontoxic products, or to transport substances from one place to another (Glanze, 1996).
<b>Provider</b>	A person or agency who delivers services to people with disabilities.
<b>PT</b>	Physical Therapy

<b>PWS</b>	Prader-Willi Syndrome - A complex genetic disorder that includes short stature, mental retardation or learning disabilities, incomplete sexual development, characteristic behavior problems, low muscle tone, and an involuntary urge to eat constantly, which coupled with a reduced need for calories, leads to obesity.
<b>QMRP</b>	Qualified mental retardation professional – The person who facilitates all services for the individual and writes the IP.
<b>Respite Care</b>	The temporary care of a person with a disability to give the regular caregiver a change to take vacations, cope with emergencies and get some rest from the demands of constant special care giving.
<b>RFW</b>	Residential Facilities Waiver - A home and community-based services waiver for people who live in group homes licensed by the Ohio Department of MR/DD.
<b>Self-Advocate</b>	Individually or in groups (preferably both), people with mental retardation speak or act on behalf of themselves or others or on behalf of issues that affect people with disabilities.
<b>Service Coordination</b>	Also called Individual Service Coordination (ISC) - A service families may choose to use when they need help obtaining needed supports for their sons or daughters to live as independently as possible in the community. ISC is a distinct social service that enables people with mental retardation and their families to find, utilize and coordinate available resources and opportunities in their communities on the basis of individual need (The Arc, 1990). Other terms used to describe ISC activities include service coordination, service integration, and client-level service coordination and case management.
<b>Service Coordinator</b>	The person responsible for coordinating an individual's care.
<b>SGL</b>	Supervised Group Living (group homes).
<b>Shaken Baby Syndrome</b>	An injury caused by vigorous shaking of an infant or young child by the arms, legs, chest or shoulders. Forceful shaking can result in brain damage leading to mental retardation, speech and learning disabilities, paralysis, seizures, hearing loss and even death.
<b>Sheltered Workshop</b>	A term that describes the form of day habilitation service for people with disabilities.
<b>SL</b>	Supportive living - The help a person with disabilities needs and chooses to have to live as independently as possible in the community.
<b>SP</b>	Speech Therapy
<b>SSA</b>	Social Security Administration.
<b>SSI</b>	Supplemental Security Income.

<b>Supported Employment</b>	Paid employment in community settings for persons with severe disabilities who need ongoing support to perform their work. Support can include on-the-job training, transportation or supervision.
<b>Supported Living</b>	Usually individuals living in homes or apartments of their own. The person may live alone or choose to live with a roommate versus being placed with others. Supported living often involves partnerships between individuals with disabilities, their families and professionals in making decisions about where and how the person wishes to live. Focus is on giving utmost attention to the desires of the person with a disability in how he or she would like to live, and to support the individual in having control over choices of lifestyle. People in supported living may need little or no services from professionals, or they may need 24-hour personal care.
<b>TANF</b>	Temporary Assistance to Needy Families.
<b>TASH</b>	A national organization that advocates for the full inclusion of persons with severe disabilities.
<b>TCM</b>	Targeted Case Management - The coordination of specialized services for an individual that helps them get the needed services, evaluates if the services are appropriate, and monitors them.
<b>TDD</b>	Telecommunications Device for the Deaf. (Some prefer the term TTY for teletypewriter.)
<b>Transition</b>	The 1990 amendments to Public Law 94-142 (PL 101-476, The Individuals with Disabilities Education Act or IDEA) mandate that each student have transition services included in his or her Individualized Education Program no later than age 16. The act requires a systematic plan of action for vocational and other community activities.
<b>Traumatic Brain Injury</b>	An acquired injury to the brain caused by an external physical force or by other medical conditions, including but not limited to stroke, anoxia, infectious disease, aneurysm, brain tumors and neurological insults resulting from medical or surgical treatments. The injury results in total or partial functional disability or psychosocial impairment or both, that adversely affects a child's educational performance. The term applies to open or closed head injuries, as well as to other medical conditions that result in acquired brain injuries. The injuries result in impairments in one or more areas such as cognition; language; memory; attention; reasoning; abstract thinking; judgment; problem-solving; sensory, perceptual, and motor abilities; psychosocial behavior; physical functions; information processing; and speech. The term does not apply to brain injuries that are congenital or degenerative, or to brain injuries induced by birth trauma.
<b>VR</b>	Vocational Rehabilitation Services.
<b>WAIS</b>	Wechsler Adult Intelligence Scale (psychological evaluation).

<b>Waiver</b>	Usually used in reference to the Home and Community Based (HCB) Waiver program where a state has applied for and received permission to use Medicaid funds to assist and keep people with disabilities in the community. Many of the restrictive requirements of using Medicaid monies are usually waived in these programs.
<b>WISC</b>	Wechsler Intelligence Scale for Children (psychological evaluation).